

**Read about our
Open House and
Parent/Teacher
Education Nights!**



**Read about our new
rates and registration
fee effective
September 4th**

Outer Limits
SCHOOL

**3472 E. Ft. Lowell Rd. Tucson, AZ 85716 • (520) 327-0844 • fax (520) 323-2984
bill@childrensendeavors.com**

August 1, 2016

Dear Families,

Our new school year starts in a week. What an exciting phrase to write! The new school year brings new classes, new teachers and new relationships. It also brings a bit of sadness as teachers see their children move on. You might feel similar emotions as you watch your child grow and grow!

We have some very important dates to tell you about.

Mindfulness Training
Open House
Brain Games

August 11th @ 6:30
August 23rd @ 6:30
September 13th @ 6:30

Mindfulness is both a practice and a state of mind (for lack of a better word). For example, when you practice mindfulness meditation, you're sharpening your focus (usually by paying more attention to your breath) and training your brain to be more mindful long after you're done meditating. When you're exhibiting mindfulness, you're fully engrossed in whatever's going on around you. Children of all ages are being taught mindfulness and the results show improved success in school and with relationships. We will be bringing in a mindfulness educator to work with our Mountain Lion class this Fall. **We invite all of our parents to come learn with us on August 11th.**

Our annual open house will be August 23rd at 6:30. Please come meet your child's teachers and learn more about their new classrooms.

After a year apart, our preschool classes will again work with Enrique Feldman. Enrique is the President of Fostering Arts – Mind Education Foundation (Fame). He works with early childhood educators across the country. This year he will work with our teachers and children and teach specific techniques children can use to increase both academic and social-emotional readiness. Since the techniques we have been exposed to are fun, we've been calling them brain games! Please come join us for our first parent and teacher class on September 13th.

Do you know we offer a weekend food backpack program for families that might need additional nutrition on the weekends? Families that participate receive a backpack with food for their child each Friday. Please let us know if you are interested.

As many of you will remember, our rates typically increase in September. Our new rates will begin September 4th and we will bill the annual registration fee the same week. This annual fee helps us pay for new supplies to start the school year and covers a mandatory accident insurance policy we take out and hope to never use for each child enrolled. The new rate sheet is currently posted in the office. Weekly rates will increase for private pay families by \$5 per week. Families receiving child care assistance will continue to pay their assigned co-pay on a weekly basis.

Thank you to those of you who already turned in your Ages & Stages and Getting to Know You information packs. We passed them out last week to all infant, toddler and preschool parents. If you have not turned them in yet, please do so by Friday at the latest.

Do you know about Kidscare? Kidscare is state funded health insurance available to lower income families that earn too much to qualify for AHCCCS. Last week Arizona opened up Kidscare enrollment for the first time in many years. Families that qualify pay a very small monthly fee for excellent health insurance. You can apply online at healtharizonaplus.gov. Please ask us for help. Until last week Arizona was the only state in the nation without an active Kidscare program – we hope you take advantage of its availability.

Do you have a child in the Mountain Lion class? We are on a tight schedule picking everyone up after school. Please call us by 12:30 if we will not need to pick your child up at school. The few minutes we spend trying to track your child down really disrupts our ability to pick everyone up on time. Thanks for your help with this.

Lastly, a quick reminder to sign the sign in book every time you drop off or pick up. Signatures must be, at a minimum, first initial and full last name. Thank you!

Thank you for helping make our summer such a success. We're looking forward to a great school year with you.

Take care,

Minnie, Blanca, Debbie & Bill