

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Waffles Applesauce Milk	Bagels Fruit Cocktail – Peaches, Pears, Pineapple, Grapes, Cherries Milk	Raisin Bran Apples Milk	Corn Bread Pears Milk	Corn Flakes Bananas Milk
LUNCH	Scrambled Eggs Whole Wheat Tortilla Cheese Fresh Carrots Honey Dew Milk	New Orleans Chicken (CN) Brown Rice Fresh Green Beans Plums Milk	Tacos Taco Shells Lettuce/Tomatoes Shredded Cheese Red Grapes Milk	Chicken Nuggets (CN) Mashed Potatoes Apricots Milk	Turkey/ Bean Burritos (HM) Whole Wheat Tortillas Salad Italian Dressing Red Grapes Milk
SNACK	Goldfish 100% Juice	Chex Cereal Bananas	Cornbread Milk	Breadsticks Cheese	Wheat Crackers Pears/Berry (Strawberry, Blueberry) Mixture
DINNER	BBQ Chicken Whole Wheat Buns Potato Skins Fresh Pears Milk	Baked Chicken Legs Whole Wheat Bread Broccoli Oranges Milk	Red Beans & Rice Sweet Potatoes Fries Pineapple Milk	Cheese Crisps (HM) Whole Wheat Tortilla Peas and Carrots Peaches Milk	Chicken Cheese Enchiladas (HM) Corn Tortillas Corn Mandarin Oranges Milk

Whole milk will be provided for children 12-23 months of age and 1% milk will be provided to all children 24 months and older.

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cheerios Bananas Milk	Pancakes Pears Milk	Biscuits Peaches Milk	Oatmeal Fruit Cocktail – Peaches, Pears, Pineapple, Grapes, Cherries Milk	Corn Flakes Oranges Milk
LUNCH	Chicken Stir Fry (HM) Brown Rice Cauliflower, Broccoli Carrots Mandarin Oranges Milk	Chicken Patties (CN) Whole Wheat Buns Jicama Salad Cranberry Sauce Milk	Tuna Whole Wheat Tortilla Peas Mango Milk	Meatball Subs (CN) Whole Wheat Buns Corn Cantaloupe Milk	Hamburgers (CN) Whole Wheat Bun Diced Potatoes Pears Milk
SNACK	Graham Crackers Applesauce	Tortillas Red Peppers Italian Dressing	Slice of Cheese Apples	Pretzels Red Grapes	Fresh Pears Milk
DINNER	Shepherd's Pie (HM) Ground Turkey Peas and Carrots Mashed Potatoes Biscuits Peaches Milk	Chicken/Rice Casserole (HM) Brown Rice Cream of Chicken Soup Carrots, Peas, Green Beans and Corn Oranges Milk	Turkey Sloppy Joes Whole Wheat Buns Baked Beans Pineapple Milk	Bean/Cheese Burritos (HM) Whole Wheat Tortillas Lettuce/Tomato Salad Italian Dressing Plums Milk	Turkey & Cheese Sandwich Whole Wheat Bread Butternut Squash Apples Milk

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Corn Chex Apples Milk	Toast Green Grapes Milk	Rice Crispies Bananas Milk	English Muffins Pears Milk	Waffles Applesauce Milk
LUNCH	Mac and Cheese (HM) Slice of Cheese Elbow Noodles Fresh Green Beans Peaches Milk	Baked Chicken Legs Whole Wheat Rolls Fresh Cucumber Fruit Cocktail – Peaches, Pears, Pineapple, Grapes, Cherries Milk	Turkey Tacos Taco Shells Lettuce/Tomatoes Shredded Cheese Apricots Milk	Turkey and Gravy Whole Wheat Bread Mashed Potatoes Cranberry Sauce Milk	Chili Cheese Fries (HM) French Fries Corn Bread Green Grapes Milk
SNACK	English Muffins Applesauce	Raisin Bran Milk	Ritz Carrots	Whole Wheat Tortillas Peaches	Goldfish 100% Juice
DINNER	Meat Ravioli (CN) Peas Oranges Milk	Cheese Enchiladas (HM) Corn Tortillas Corn Pears Milk	Chicken Pasta Salad (HM) Elbow Noodles Peas and Carrots Apples Milk	Beef and Broccoli (HM) Brown Rice Broccoli Mandarin Oranges Milk	Turkey and Cheese Pitas Whole Wheat Pitas Butternut Squash Plums Milk

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Outer Limits
SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Raisin Bran Bananas Milk	Wheat Rolls Fruit Cocktail – Peaches, Pears, Pineapple, Grapes, Cherries Milk	Pancakes Applesauce Milk	Cornbread Peaches Milk	Cheerios Apples Milk
LUNCH	Bean Tostadas Corn Tostada Shells Lettuce Shredded Cheese Corn Oranges Milk	Turkey Goulash Elbow Noodles Tomato Sauce Peas and Carrots Honey Dew Milk	Chicken Fajitas Whole Wheat Tortilla Cooked Peppers Canned Plums Milk	Spaghetti with Turkey Meat Tomato Sauce (HM) Spinach Salad Italian Dressing Oranges Milk	Chicken Fried Rice (HM) Brown Rice Peas Mandarin Oranges Milk
SNACK	Cheese Its Apples	Yogurt Granola	Whole Wheat Pita Cheese	Saltines Pineapple	Red Grapes Milk
DINNER	Lasagna with Turkey Meat (HM) Cooked Zucchini Pears Milk	BBQ Beef Whole Wheat Bun Baked Beans Red Grapes Milk	Hamburgers (CN) Whole Wheat Bun Sweet Potatoes Honey Dew Milk	Cheese Crisps (HM) Whole Wheat Tortillas Refried Beans Apricots Milk	Turkey Hot Dogs (CN) Whole Wheat Buns Fresh Carrots Kiwi Milk

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Outer Limits
SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Rice Crispies Apples Milk	French Toast Sticks Applesauce Milk	Oatmeal Peaches Milk	Corn Chex Oranges Milk	Granola Bananas Milk
LUNCH	Baked Chicken Garlic Egg Noodles Cooked Zucchini Cranberry Sauce Milk	Red Beans Rice Corn Pears Milk	Corn Dogs (CN) Baked Beans Green Grapes Milk	Grilled Cheese Whole Wheat Bread Tomato Soup Peas and Carrots Pears	Meat Loaf (HM) Whole Wheat Roll Potato Skins Apples Milk
SNACK	Raisin Bran Milk	Ritz Crackers Bell Peppers Italian Dressing	Slice of Cheese Tortilla	Pretzels Grapes	Bagel 100% Juice
DINNER	Tuna Casserole (HM) Elbow Noodles Fresh Cucumber Slices Apricots Milk	Ground Turkey and Cheese Pizza Crust (HM) Carrots Sticks Plums Milk	Chicken Mac and Cheese (HM) Elbow Noodles Peas Fruit Cocktail – Peaches, Pears, Pineapple, Grapes, Cherries Milk	Salisbury Steak (CN) Whole Wheat Roll Mashed Potatoes Gravy Pineapple Milk	Turkey Roll Ups Whole Wheat Tortilla Snap Peas Oranges Milk

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