

**Read about our
Open House and
CPR Training**

**Read about our new
rates and registration
fee effective
September 2nd**



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Dear Families,

The school year has started! Those five words bring a sense of calm and renewal to some of us here at Outer Limits. As great as the summer is with swimming, water play and field trips, it also brings heat and a bit of chaos and we are glad to return to the routines of the school year!

Thank you to those of you who came Sunday night to meet the teacher and check out your new classrooms! We think that really made Monday morning easier so thanks so much!

Let's start with some very important dates to tell you about.

Open House – “Meet the Teacher Night”
First Aid & CPR Training

Wednesday, August 22nd @ 6:30
Saturday, Sept 22nd @ 9:00

Our annual open house will be August 22nd at 6:30. Please come meet your child's teachers and learn more about their new classrooms. We will also host a “Parent Play Night” later in Fall. This evening is designed to show you how children learn best during their early years. Please look for information about this in our next newsletter.

We are holding a first aid and CPR course on Saturday, September 22nd. Please join us if you would like to learn skills on how to save your children (or others) in an emergency. You will receive a certification card after passing a written and skills test at the end of the class. The course costs \$25 and must be paid the day of the class. Please register ahead of time as space is limited.

As many of you will remember, our rates typically increase in September. Our new rates will begin the week of September 2nd and we will bill the annual registration fee (\$30) the same week. This annual fee helps us pay for new supplies to start the school year and covers a mandatory accident insurance policy we take out and hope to never use for each child enrolled. The new rate sheet is currently posted in the office. Weekly rates will increase for private pay families by \$5 per week. Families receiving child care assistance will continue to pay their assigned co-pay on a weekly basis.

Thank you to those of you who already turned in your Ages & Stages Questionnaires. We passed them out a few weeks ago to all infant, toddler and preschool parents. If you have not turned them in yet, please do so by Friday at the latest.

Do you have a child in the Mountain Lion class? We are on a tight schedule picking everyone up after school. Please call us by 12:30 if we will not need to pick your child up at school. The few minutes we spend trying to track your child down really disrupts our ability to get to all of our schools on time. Thanks for your help with this.

Lastly, a quick reminder to sign the sign in/out book every time you drop off or pick up. Signatures must be, at a minimum, **first initial and full last name**. Thank you!

We have had several recent conversations with parents about bedtime challenges. Here is a small tip brought to you by WebMD..... *Kids will always ask for that one last thing -- hugs, a drink of water, a trip to the bathroom, just one more book. Do your best to head off these requests by making them part of the bedtime routine. And let your child know that once she is in bed, she has to stay in bed.*

If she gets up, don't react -- simply take her by the hand and walk her back to bed. If you argue or give in to requests, you're giving her the extra attention -- and delayed bedtime -- she wants. And don't give into the "just this one time" pitfall. If you read one more story or let her stay up longer "just this once," the bedtime routine you've built could come undone. Do you have additional questions? Feel free to ask.

We hope to see you at some of our upcoming events. Ask if you have questions. We're looking forward to a great school year with you.

Take care,

Minnie, Blanca & Bill